EXPLORING THE DYNAMICS OF ATTACHMENT IN ADULT LIFE

An ongoing personal and professional group for those working in the caring professions

Una McCluskey PhD
Psychoanalytic and Systemic Psychotherapist (UKCP)
Senior Research Fellow, University of York

This is the 12th annual course for professional caregivers providing them with an opportunity to explore their own attachment dynamics in the context of a confidential, closed experiential group. The course will take place over 3 consecutive days and will explore the 7 systems involved in restoring well-being after there has been a threat to the self. The seven systems are careseeking, caregiving, interest-sharing, sexuality, self-defence, the personally created external supportive/unsupportive environment and the internal supportive/unsupportive environment. It will take place in Dublin in March 2017. The fee is €875 and can be paid in regular instalments if required.

5 Day Residential Conference

Additionally, a Biennial 5 day residential Conference for those experienced or new to Exploratory Goal-Corrected Psychotherapy (EGCP) will take place at Dromantine Retreat & Conference Centre from the 8th - 12th May 2017. The all-inclusive fee is £725. This includes attendance at the Conference, accommodation, meals and refreshments throughout the week. Delegates will benefit from 20 hours’ experiential group work, 15 hours of lectures and discussion and 8 hours of reflection. To express an interest please email Sarah on info@unamcluskey.com.

Una McCluskey has written numerous papers on individual, couple, group and family psychotherapy. She is Author of To be Met as a Person: The Dynamics of Attachment in Professional Encounters, Karnac London 2005 and Joint Author with Dr Dorothy Heard & Dr Brian Lake: Attachment Therapy with Adolescents and Adults: Theory and Practice post Bowlby, Karnac, London 2009. She presented the opening lecture at the John Bowlby Memorial Conference in March 2010 and presented her work at the American Group Psychotherapy Association Annual Meeting in New York in March 2012.

Flyers, application forms, Conference details are available on the website: www.unamculuskey.com
0044 1759 302104/0044 7747 568562 or info@unamcluskey.com